



Sioux Falls Lutheran School

# EAGLES NEWS



[Mrs. Tia Esser](#)  
EXECUTIVE DIRECTOR

[Mr. James Stubkjaer](#)  
MIDDLE/HIGH SCHOOL PRINCIPAL  
ACTIVITIES DIRECTOR

[Dr. Kristen Newell](#)  
ELEMENTARY PRINCIPAL  
ELEMENTARY STEM DIRECTOR

[Mrs. Brenda Bernard](#)  
PRESCHOOL DIRECTOR

Nov 22, 2024

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**AFTER 4 PM on Tuesday, November 26th,  
the SCHOOL OFFICE WILL BE CLOSED until  
7:30 AM on Monday, December 2nd.  
Enjoy your Thanksgiving break!**

## 10th Annual Christmas Cookie Sale & Cookie Walk

**COOKIE SALE:  
PRE-ORDER COOKIES  
BY DECEMBER 4.**

**COOKIE WALK:  
PAY \$20 FOR A  
BOX TO FILL with  
Cookies, candies, fudge,  
caramels, and more!**

DECEMBER 15, 2024

2-4 p.m. SFLS Commons  
Pick up your Pre-orders &/or  
Fill a Box - Cookie Walk

Questions?  
Contact Leanne  
lholdorf@sfls.lutheranschool.com



Supporting SFLS Booster Club  
which helps fund student  
activities & athletics.

To Pre-order Cookies: Scan QR Code OR fill out paper form by December 4.



## LICENSE PLATE DECAL

Show your SFLS support on your SD license plate! We now have license plate decals available for purchase. They are \$10 for a set of two. Please contact Mikela Iverson at [miverson@sflutheranschool.com](mailto:miverson@sflutheranschool.com) to purchase.



FIRST GRADE'S

# PET DRIVE FOR ANIMALS IN NEED

We are collecting **blankets, towels, washcloths, Milk-Bones, and Clorox wipes** to donate to Sioux Falls Humane Society.



Help make a difference in lives of shelter pets!

**How You Can Help:**

- Blankets & Towels (new or gently used)
- Washcloths
- Milk-Bones and Cat Nip Toys
- Kong toys (no stuffies or ropes)
- Clorox Wipes and Windex

**Drop - Off Locations**  
Mrs. Thomas Room  
Mrs. Vercurysse Room

**Deadline for Donations:** November 26th  
Every donation helps provide comfort, care, and supplies for pets in need. No item is too small, and your contribution will make a huge difference!  
**THANK YOU** for supporting our furry friends!



HAPPY Thanksgiving  
TO YOU AND YOUR FAMILY

HOSTED BY



**MEMORIAL**  
Lutheran Church

IN PARTERSHIP WITH FAITH LUTHERAN,  
RESURRECTION LUTHERAN & LORD OF LIFE LUTHERAN

THANKSGIVING EVE  
SERVICE  
WEDNESDAY, NOV. 27TH  
6:30PM

AT  
SIOUX FALLS  
LUTHERAN  
SCHOOL



## CAREER CORNER

Would you or someone you know make a great addition to our team? We're seeking:

### Preschool:

- Part-time education assistant position, Tuesday afternoons

### Elementary:

- Full-time 4th grade teacher (2025-2026 school year)

### Eagle Care:

- Part-time afternoon assistants. Adults and/or high school age students:
  - Flexible schedule: between 3:15 - 6:00 PM, Monday through Friday

### Facilities:

- Full-time and part-time evening custodian

Please prayerfully consider joining our team and/or sharing these opportunities with someone you believe would be a good fit! Contact Debbie Pankow at [dpankow@sflutheranschool.com](mailto:dpankow@sflutheranschool.com) for more information.

View jobs and application instructions here: [www.siouxfallslutheran.com/careers](http://www.siouxfallslutheran.com/careers).

## CHAPEL

**There will be no K-12 chapel the week of November 25th & 26th.**

Chapel times for Wednesday, December 4th, led by Pastor Winckler from LCMS South Dakota District office:

- 6-12 chapel at 8:10 AM
- K-5 chapel at 8:50 AM

This year's theme is ONE - The Gospel Story is Our Story. This week's topic is: *The Body of Christ: One in Grace.*

**Preschool chapel** will be held on Tuesday, November 26th, led by DCE Liz Peters from Memorial Lutheran Church, in the Early Childhood wing beginning at 8:40 and 9:00 AM. The theme of this week's chapel is *Jonah & the Whale.*

After Thanksgiving break, Preschool chapel will be on Thursday, December 5th with the theme *Jesus is Born.*

### CHAPEL OFFERINGS:

**First semester we are supporting Missionary Hayden Rensner in Ethiopia.**

Goal: \$2000

Collected: \$1129.70

**We honor God by serving others!**

**Campus Chaplain** the week of December 2nd is DCE Liz Peters from Memorial Lutheran Church.



**MISSION OF CHRIST Network**

**About the Ministry**  
Hayden lives in Addis Ababa, Ethiopia and works as an ESL Instructor at Yesus Mekane Seminary. Through serving as an ESL instructor to the seminary students, she works to equip pastors and church leaders with the tools they need to share the Gospel effectively in Ethiopia and throughout the world.

**Prayer Requests**

- Yesus Mekane Seminary would continue to flourish and enable pastors and church leaders to be equipped and sent out into the world with the saving news of Jesus.
- That Hayden would form good relationships with those whom she works and interacts with.
- God would be glorified in the partnerships Hayden has both in the USA and in Ethiopia.

**Contact Information**  
Hayden Rensner  
hayden.rensner@missionofchrist.org

Hayden Rensner

Serving the Lord in Ethiopia

"He saved us, not because of the righteous things we had done, but because of his mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit."  
Titus 3:5

## COUNSELING SERVICES



**Help is 3 Numbers Away** helpline center

**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

**211** also can connect people with information and referrals for:

- Transportation
- Legal Services
- Support Groups
- Disaster Aftercare
- Everything Else

**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

**911** provides first responder dispatch for:

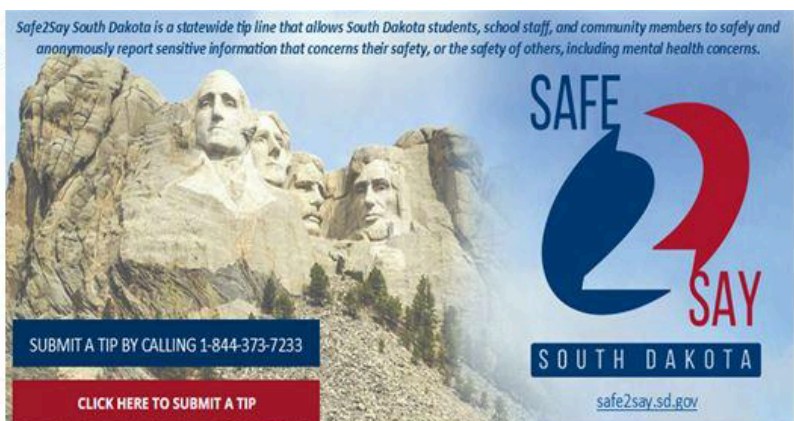
- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life-Threatening Situation

**Call for Information and Community Resources 211**

**Call for Suicide Intervention and Crisis Support 988**

**Call for Emergencies 911**

Whole Person Care



**Safe2Say South Dakota** is a statewide tip line that allows South Dakota students, school staff, and community members to safely and anonymously report sensitive information that concerns their safety, or the safety of others, including mental health concerns.

**SAFE 2 SAY SOUTH DAKOTA**

SUBMIT A TIP BY CALLING 1-844-373-7233

CLICK HERE TO SUBMIT A TIP

[safe2say.sd.gov](http://safe2say.sd.gov)

The 3rd Thursday in November is nationally a prevention awareness day called, **Great American Smoke-Out**. Here is some information on vaping education. For additional resource information go to [www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html](http://www.cancer.org/healthy/stay-away-from-tobacco/great-american-smokeout.html).

Barb DeVos, Adolescent Services Counselor is available Tuesday-Friday and has a dual role of providing school counselor services as well as prevention substance abuse prevention services. Should you have concerns for possible substance use in your student, a screening and/or assessment can be provided confidentially. Contact Barb DeVos [bdevos@carrollinstitute.org](mailto:bdevos@carrollinstitute.org) for additional information on this resource.

# FIVE THINGS TO KNOW

## YOUTH VAPING

### 1

#### EFFECTS OF NICOTINE

Even in small doses, nicotine exposure in adolescence causes long-lasting changes in brain development, which could have negative implications for learning, memory, attention, behavior problems, and future addiction

<https://www.health.state.mn.us/communities/tobacco/nicotine/index.html>

### 2

#### ADDICTION

Teens are especially vulnerable to possible addiction because their brains are not yet fully developed—particularly the frontal regions that help with impulse control and assessing risk. Pleasure circuits in adolescent brains also operate in overdrive, making drug and alcohol use even more rewarding and enticing.

<https://newsinhealth.nih.gov/sites/newsinhealth/files/2015/October/NIHNIHOct2015.pdf>

### 3

#### ANXIETY AND DEPRESSION

Nicotine makes anxiety and depression worse. It also affects memory, concentration, self-control, and attention, especially in developing brains.

<https://kidshealth.org/en/teens/e-cigarettes.html>

### 4

#### PREVALENCE

In 2024, e-cigarettes were the most commonly used tobacco product among middle and high school students in the United States:

- 1.63 million (5.9%) students currently used e-cigarettes. This includes:
  - 410,000 (3.5%) middle school students.
  - 1.21 million (7.8%) high school students.
- Among students who had ever used e-cigarettes, 43.6% reported current use.

<https://www.cdc.gov/tobacco/e-cigarettes/youth.html>

### 5

#### NOT JUST NICOTINE

Pod-based e-cigarettes facilitate discreet vaping, helping users to easily consume nicotine and other drugs in public spaces, such as schools, while making their detection difficult. Personal vaping devices can also be modified to deliver THC (the most prevalent intoxicating compound in cannabis), methamphetamine, fentanyl, and synthetic cannabinoids. In fact, a third of youths who use personal vaping devices vape cannabis.

<https://nij.ojp.gov/topics/articles/five-things-about-vaping-and-e-cigarettes>



Adolescent Counseling Services

## PARENT-TEACHER-FELLOWSHIP

### Christmas Movie In The Gym:

Saturday, 12/7 @ 3:00 PM  
(More details to come!!)

### CONNECT WITH THE PTF ON FACEBOOK



Scan the QR Code with your camera app to go to the SFLS PTF Facebook Page

### No December Meeting

See you in January!



Order Dates by 10 AM	Pick-Up Dates after 11 AM
No Orders Week of November 25th	No Orders Week of November 25
Monday, December 2	Thursday, December 5
Monday, December 9	Thursday, December 12

PRESCHOOL

Miss Miller's preschool class has been learning about community helpers. We had some parents come in and talk about their jobs. We enjoyed hearing from a pastor, nurse, firefighter, and police officer. There are so many ways to help and serve others through the gifts that God has given us.



## **KINDERGARTEN PREVIEW NIGHT 6:00 PM on Thursday, December 5th**

4-year-old & 5-year-old families—mark your calendars and plan to join us for Kindergarten Preview Night! During this special event designed specifically for soon-to-be kindergarteners and their families, you'll receive the opportunity to meet our kindergarten teachers and elementary principal, visit with other incoming kindergarten families, receive answers to your questions and discover the value of investing in your child's future at SFLS. [RSVP to Kindergarten Preview Night here](#).

## **PRESCHOOL OPEN HOUSE**

Do you know someone with a preschooler who would make an excellent addition to our school family? Invite them to [RSVP to our Preschool Open House](#) from **10:00 AM-12:00 PM on Saturday, December 7th**, where they will meet our staff, tour the school building, receive answers to questions and discover the value of investing in their child's future at SFLS.

### ELEMENTARY

## **GRANDPARENTS DAY**

It's almost here! We invite "grand friends" of our Kindergarten - 5th Grade students to join us on Tuesday, November 26th from 1:00-2:45 PM. Grandparents can gather in the chapel at 1:00.

- Students will arrive to sing at 1:10
- After singing, we will gather in the Commons for students and Grandparents to be united.
- Classroom activities (Open House style) will go from 1:30-2:45.
- At 2:45 we will ask Grandparents to exit or wait in the Commons for their students (if they are taking them home).
- We will dismiss students at 3:00 for those with Grandparents in the building. (Students need to be signed out of the office if they are leaving before 3:00.)

If your child does not have a grandparent who can join them, parents/aunts/uncles/neighbors...are all welcome to attend in their place.

### UPPER SCHOOL (MS/HS)



Dear Friends,

As we approach Thanksgiving and during this season, I want to express my heartfelt gratitude for each of you. Your partnership, support and dedication are blessings that make our school community strong and Christ-centered.

In this season of gratefulness, I pray that your hearts are filled with joy, your homes with peace, and your lives with the abundant blessings from our Lord. *"Give thanks to the Lord, for He is good; His love endures forever."* (Psalm 107:1) May your Thanksgiving be a time of reflection on His grace and a celebration of His provision.

Blessings,  
James Stubkjaer, Principal

## MULTIMEDIA CLUB FOR MIDDLE & HIGH SCHOOL STUDENTS

The SFLS Multimedia Club is in full swing and it's not too late to join! This is a great opportunity for students to dive into photography, videography, graphic design and content creation. Our next meeting will be on **Wednesday, December 4th at 3:30 PM** in the **STEM Room!** Meetings are held on the 1st and 3rd Wednesday of each month after school. For more information, contact **Vania Asmus** at [vasmus@sflutherschool.com](mailto:vasmus@sflutherschool.com).

## ATHLETICS

### BASKETBALL:

- November 23: MS GBB Tournament @ Beresford beginning at 9 AM
- November 25: MS A GBB/BBB @ Mitchell Christian beginning at 4 PM
- December 2: MS GBB/BBB @ Elkton beginning at 5:30 PM
- December 2: JV/V BBB Practice Begins
- December 5: JV GBB Home vs. Flandreau beginning at 5 PM
- December 7: MS GBB @ Alcester Tournament TBD

## MUSIC

[Click or scan to take a look at the SFLS Strings Site!](#)



### Upcoming Christmas Music Events:

**December 3 - 4th-8th Christmas Concerts** (ALL 4th-8th grade students)

4th/5th - 6:00 PM

6th/7th/8th - 7:15 PM

**December 9 - High School Christmas Concert - 6:30 PM**

**December 10 - 1st and 2nd Christmas Programs** (ALL 1st and 2nd grade students)

1st Grade - 12:30 PM

2nd Grade - 2:00 PM

\*\* Kindergarten and 3rd Grade will have their concerts in the Spring, but please watch for information coming soon from Mrs. Prouty about some Christmas music fun for those two grades as well!

**CONGRATULATIONS**, again, to the High School Band students who auditioned and were chosen for Concordia University's Honor Band in Seward, Nebraska. Luke Ascher, Logan Baumbach, Kaiden Fjelstad, Owen Gilster, and Macy Stadheim traveled



to Seward on Thursday evening last week. They spent the night in the dorms with college students and then spent Friday in rehearsals. They were joined by the Concordia University's Concert Band for a concert at 4:30 pm on Friday, November 15th. Both groups performed in the beautiful St. John's Lutheran Church right near the campus. Thanks for representing the SFLS band program and using the musical gifts God has given you! The concert was full of beautiful, uplifting music!

ASSOCIATION CHURCHES \*\*CLICK [HERE](#) FOR WORSHIP TIMES\*\*

**Faith** - Rev. Corey Aker and Rev. Jason Rensner

**Lord of Life** - Rev. Billy Newell

**Memorial** - Rev. Aaron Asmus, Rev. Doug Slavens, DCE Hailey Jo Miller and DCE Liz Peters

You are invited to attend: The 6:30 PM Thanksgiving Eve service, Nov. 27th, at SFLS, hosted by Memorial Lutheran Church, in partnership with Faith, Resurrection & Lord of Life Lutheran Churches

**Our Redeemer** - Rev. Howard Shane (primary vacancy pastor), Rev. David Morfitt (vacancy pastor)

**Resurrection** - Rev. Chris Ascher

HIGH SCHOOL SUPPORTING MEMBER

**ZION** - Rev. Greg Lehr

UPCOMING EVENTS

Please visit your FACTS family portal calendar or click this [link](#) to our website for upcoming events.

Please contact [schooloffice@sflutheranschool.com](mailto:schooloffice@sflutheranschool.com) with any questions or concerns.



**SIOUX FALLS  
LUTHERAN SCHOOL**  
World Ready. Faith Secure.

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